

Family Weekly

AUGUST 4, 1974

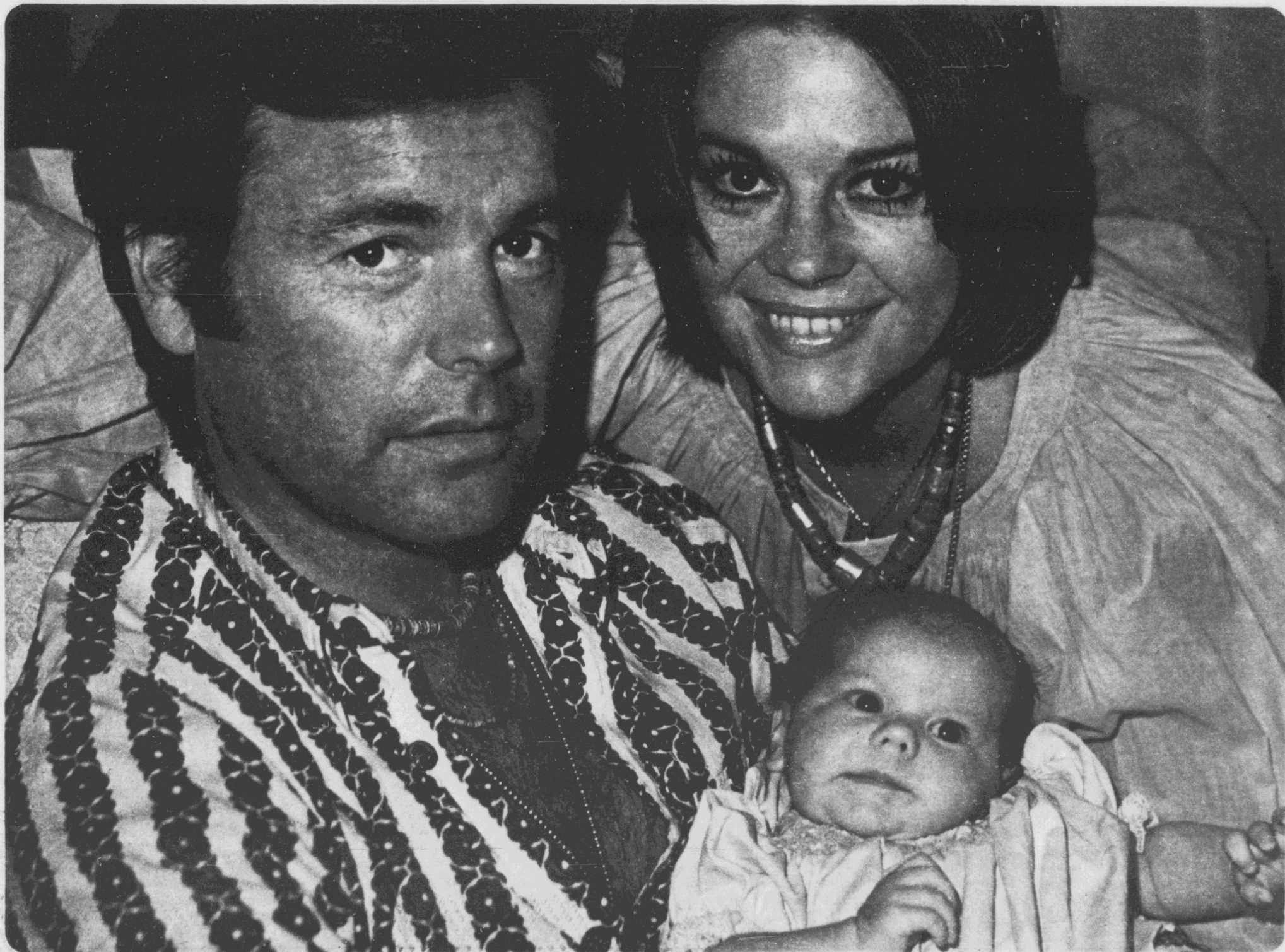
Independent Journal

AUGUST 3, 1974

CELEBRITIES TALK ABOUT DIVORCE:

Below, Bob Wagner and Natalie Wood, Who Divorced
And Then Remarried, With Their New Baby, Courtney Brooke

Is Our Rootlessness
Warping Our Society?
—By Vance Packard



Ask Them Yourself

Want to ask a famous person a question? Send the question on a postcard, to "Ask," Family Weekly, 641 Lexington Ave., New York, N. Y. 10022. We'll pay \$5 for published questions. Sorry, we can't answer others.

FOR SEN. ROMAN HRUSKA, (R-Neb.)

Why are you in favor of the death penalty?—M. R. P., Easton, Pa.

● I have heard all the arguments. I have heard witnesses testify about the permanence of the penalty and the degrading impact it has upon the consciences and feelings of the reading public. I have heard the witnesses testify right down the long list of horrible mental and moral feelings that are



engendered. But the answer to these arguments in every instance is that the permanence of death is just as great for the victim or the many victims. The same debasement of the human spirit and of the human soul results from reading about the cold-blooded murder of one person or 27 people or 11 people or five people. This is also a degrading proposition. There is a way of avoiding the death penalty, and that is to obey the Commandment that says, "Thou shalt not kill."

FOR JACK LORD

How much longer do you think "Hawaii Five-O" will continue?—Amos Litweng, Miami, Fla.

● From a business point of view we have 144 shows ready for syndication. We're in our eighth year now and I think after we complete it, it would be a good time to rest. I work 12 hours a day, eight months a year. There is so little time to pause and reflect. I feel I want to regroup, think through what I really want to do with the rest of my life. I've met my challenge as an actor. There are other things to do.



FOR MARY TYLER MOORE

Were you on the radio or in movies before television?—Ed Johnson, Los Angeles, Calif.

● My first job in show business was as a dancer in television commercials; then I was a dancer on TV variety shows; then I went into acting in series and my first regular role was in "The Dick Van Dyke Show." I then did some movies that I didn't like, and now I'm doing just what I like: filmed television with a live audience.

FOR CAROL BURNETT

Can you please explain your method of dieting?—Desiree Dixon, Muncie, Ind.

● I eat sparingly during the week, when I'm rehearsing, because I think I feel better and can do the physical comedy necessary on our show without too much extra food in my stomach. On the weekends, when I'm away from the show and with my family, I relax a little. I love Mexican food.



FOR BARBARA WALTERS

Why did NBC start searching for a co-host for the "Today" show after Frank McGee died? Why didn't they just name you the sole host?—Mrs. L. L. Miller, Atlantic City, N.J.

● That would be too big a deal, too large a step for them to consider. I think they feel the show is better balanced with a male and female as co-hosts. I'm satisfied.

FOR ELLIOT RICHARDSON, former Attorney General

You seem to me to be one of the most respected politicians today. Would you be interested in being President?—Mildred Dill, Watkins Glen, N.Y.

● The short answer is, "Yes." The long answer would begin, "Yes, but . . ." and then go on to detail all the intermediate questions that would have to be answered before I ever reached the main question.



FOR SHERIFF BUFORD PUSSER, real-life hero of the movie "Walking Tall"

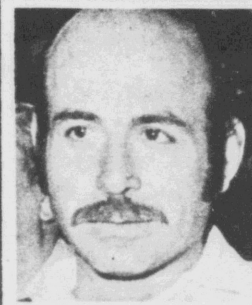
That scene in "Walking Tall" where your wife gets killed—how close was that to the real incident?—Jackie Motley, Chatham, Va.

● Pretty close. There was a change though. In real life my jaw was shot off, and this was considered too gory for movie audiences.

FOR KITTY CARLISLE, actress

When you come out to greet Gary Moore on "To Tell the Truth," you always look as if you're dressed to go to the opera. What's the story behind your beautiful outfits?—Marguerite Reynolds, Pine Bluff, Ark.

● You're quite right! I am usually dressed to go to the opera in New York City. (The show, of course, is taped, so it's shown around the country at different times of day.)



FOR GARO YEPREMIAN, Miami Dolphins field-goal kicker

Do the Miami players resent the defection of Larry Csonka, Paul Warfield and Jim Kiick to the World Football League?—Jack Wilson, Durham, N.C.

● Not many that I know of—especially the players who are signing new contracts with the Dolphins and are getting bigger raises than they would have received if Larry, Paul and Jim hadn't made their big decision.

FOR THE ASK THEM YOURSELF EDITOR

What kind of a man is Irving Wallace? His novels are full of sex, and I wondered if this reflects his personal life.—C. Baker, Aurora, Ill.

● Irving Wallace—whose latest novel is "The Fan Club"—has been happily married since June, 1941. He and his wife Sylvia have two children, David and Amy, who are also writers. Wallace feels that sex is a necessary ingredient in novels, if the plot calls for it. He concentrates on sex in his books because "that's what the public wants," and not because of personal hang-ups. He maintains that the basis of any book is readability, not the subject matter. He must be doing something right, because he is one of the five most widely read modern authors. He has written 16 novels, has sold over 92 million books, and written more than 500 magazine articles and short stories.



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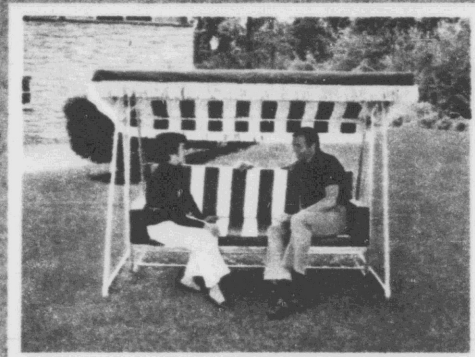
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By Vance Packard

Is Our Rootlessness Making Us Less Human?

While the footlooseness of Americans as pioneers was a source of vitality and charm, today's rootlessness is cause for alarm. Great numbers of Americans feel unconnected to either people or places and throughout much of the nation there is a breakdown in community liv-

dictable impact on his or her life-style.

Six kinds of impact seem particularly noteworthy:

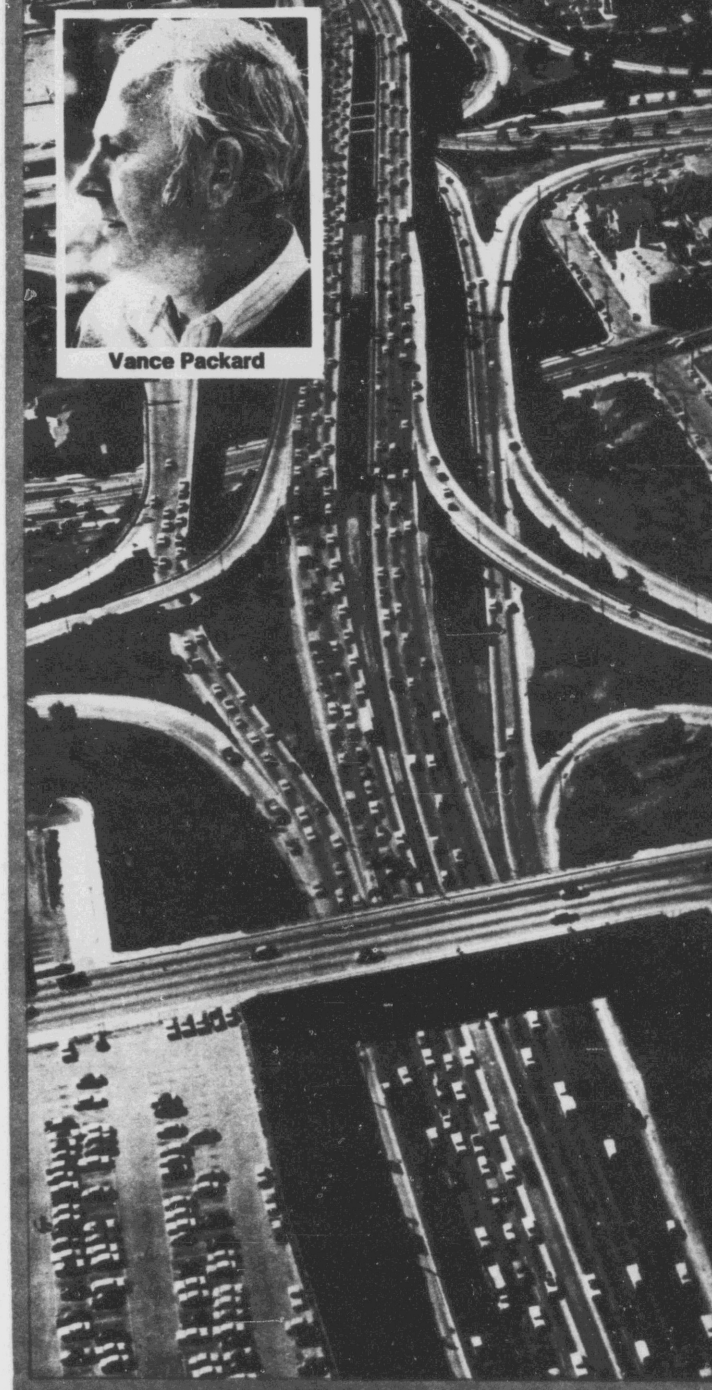
First there is a tendency for people to do things "they wouldn't normally do back home." For some, this lessening concern for the consequences of one's actions can seem liberating. For others it can seem disquieting.

A 30-year-old salesman, now living in California, was one who seemed more uneasy than liberated. He recalled that in Canada as a boy he knew everyone in his neighborhood, but that in California he knew none of his neighbors. And he added as a general comment, "There's no morality here and I guess it is because nobody knows anybody, so that you can get away with stuff you couldn't in the old days."

Consider some apparent symptoms of this new lessening of concern for the consequences of one's behavior.

● Personal bankruptcies tripled during a recent ten-year period. What is most noteworthy is the increasing casualness with which people take this move that once represented an ultimate in humiliation. Two possible explanations are that people who move a lot may be more prone to take chances on thin ice; and instant credit cards issued through anonymous companies tend to depersonalize one's indebtedness.

● There are many causes for the soaring U.S. crime rates, but certainly a major cause is the depersonalization of metropolitan life. People are far more willing to steal from strangers and institutions than from personal acquaintances witness



A freeway in California—which the author calls "the heartland of U.S. rootlessness."

the contrast between life in small towns, where doors frequently are left unlocked, and life in big cities, where residents often have three or four locks on a door.

● Even the confused state of the U.S. economy seems to reflect lessened concern for the social consequences of one's behavior. Edwin L. Dale, Jr., a leading economic analyst for The New York Times, tried to explain the puzzling fact that inflation is persisting despite high unemployment. This is contrary to conventional economic wisdom. He speculated that perhaps a dramatic change in atti-

tudes of Americans in recent years toward being greedier and more out for oneself has disrupted the normal market mechanism.

● Perhaps, too, it is significant that the decline of the family doctor has in the past few years been accompanied by an epidemic of negligence suits against doctors. In many cities medical service has become so depersonalized—and so many rootless residents never come to have a personal relationship with a doctor—that citizens are suing the system. It is surely not a coincidence that the state that leads the nation in malpractice

suits, California, is also the heartland of U.S. rootlessness. While for the nation in general about 15 percent of all doctors have faced malpractice claims, in California the figure is close to 70 percent!

● Finally there is the startling rise in premarital and extramarital sexual relationships. This casualness about sex is unquestionably related to the lessened concern for the social consequences of "misbehaving." The mobility of families, the upheaval of neighborhoods, the travels of husbands (leaving lonely wives behind), the anonymity of big-city living—all have undermined normal modes of social control.

● The lessened concern about social consequences and the lessened awareness of social disapproval are also reflected in the decline in the permanence of marriage. The loosely rooted life-style often creates immense strains that sour a love relationship. And if there are quarrels, there may not be anyone within a hundred miles who gives a damn whether or not the couple stays married, except perhaps small children caught in the middle of the quarreling.

It is undoubtedly more than a coincidence that the incidence of divorce by regions in America shows some rather striking similarities to the American Telephone & Telegraph Company's records revealing the incidence of mobility. AT&T finds that mobility in Western states is double that in the Northeast. And, regarding divorce, the U.S. Office of Vital Statistics finds that the divorce rate in the West is more than *four times as high as that in the Northeast!*

A second way that a loosely rooted pattern of life affects people's behavior is in their approach to socializing. They either resign themselves to relative aloneness or they tend to become adept at instant gregariousness.

A man can become a pal for two hours with a stranger he meets on the golf course with full knowledge that he probably will never see the person again. The trick is the knack for affability. The New Gregarions can be fairly indiscriminate in their selection of new friends, who

Frederic Lewis

ing. In fact, we are confronted with a society that is coming apart at the seams.

To explore this major phenomenon of our times I made a number of trips to U.S. towns and cities that had attracted my curiosity. In my research I conducted samplings involving a few hundred people.

My exploration has led me to believe that at least 40 million Americans now lead feebly rooted lives. We are seeing so deep an upheaval of life patterns that we are becoming a nation of strangers. Not all Americans who find themselves uprooted or isolated are "nuts" or even convention-breakers. Many aren't fleeing conventions but just moving to or being transferred to a new area. But, for whatever reason, when a person finds himself caught up in an element of a society that is fragmenting with unusual rapidity, the experience has a pre-

become as interchangeable as cars. At least one investigation of so-called "high mobiles" in new real estate developments has shown that their "friends" are mostly within a hundred yards.

All this instant "palship" is producing a new widespread blandness in human relations. Keeping friendships bland and readily disconnectable seems harder on women than on men. They make more effort to keep in touch with friends in former locations. An oil company executive's wife in Connecticut confessed that in her family's first few moves, she made really close friends. "It was painful when I had to leave. Now I have a tendency not to get so close."

Along with this, a new coolness is, for many people, coming over traditionally warm, supportive relationships. There is a wariness of involvement. People in emotional distress are often shunned. When an acquaintance dies and it is announced that friends are invited to call at the funeral home, many wonder if they really knew the deceased well enough to get involved.

A couple of years ago an up-to-date mortician in Atlanta offered a modern solution to the "viewing" problem; he built a drive-in mortuary where the tilted body of the deceased could be viewed through a window. People could drive by, perhaps leave a card, and keep on going. They didn't have to get dressed up. And they didn't have to get involved in the uncomfortable business of personally sharing grief and offering compassion.

A third distinctive pattern in the life-style of loosely rooted people is their peculiar approach to establishing and furnishing a house and buying possessions.

James Mills, president of Home Fact, Inc., and a consultant to builders, was telling me about the nesting habits of corporate transferees. He explained: "The transferee doesn't want to get zapped. He looks at a house strictly as an investment. He's thinking about getting out even before he buys."

A long-time resident of Darien, Conn., explains the kind of house the transferee in Darien wants: "He wants nothing un-

usual about the house. It's either a ranch or a colonial—and it is typical. Nothing different. We don't have many contemporary houses here. The contemporary house is a big risk if you are going to move on because it is a house with individuality. The transferee knows that a house with individuality is harder to move in a quick sale."

The transferee's wife, decorating the family's new house, also tends to be careful. For example, a wife near Schenectady who had moved during almost every year of her 15 years of marriage told me: "In decorating a new home I stay clear of vivid or unusual colors that would only fit in a certain room. In other words, I settle for

"An up-to-date mortician in Atlanta offered a modern solution to the 'viewing' problem; he built a drive-in mortuary where the tilted body of the deceased could be viewed through a window. People could drive by, perhaps leave a card, and keep on going. They didn't have to get dressed up. And they didn't have to get involved in the uncomfortable business of personally sharing grief and offering compassion."

something that will move well, rather than what I really like."

Among people who are loosely rooted because of neighborhood upheaval, there is a clear tendency not to take pride in keeping up their part of the street. Who cares? Competition for approval diminishes among strangers. This is a major cause of the continued spread of gray areas and desecration in large urban sections.

A fourth distinctive pattern characteristic of a loosely rooted people is a relative indifference to local happenings in the towns they inhabit and to the social life in the area. One of the accidental findings I began noticing in my search was that only one out of nine of the high-

Continued on page 13

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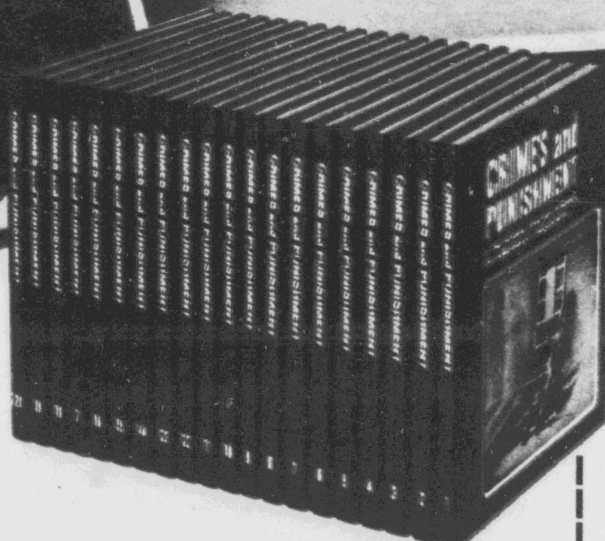
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LADY KILLERS . . . including Florence Maybrick, who poisoned her husband with flypaper.



By Helen Dorsey

Celebrities Talk About Divorce:

The Unchanging Ordeal and How Famous People Have Coped With It

Nobody ever wins in a divorce," says **JOANNE CARSON**, the former wife of TV star Johnny Carson. "You both lose something. I think that's the strongest thing that comes through, the fact that you've both lost. There is the agony of picking up the pieces. First you have to find what the pieces are to put back together again. You have to find yourself and start all over. It's a very emotional, volatile thing. Your emotions are pulled and tied and knotted up.

"The agonies hit every point in your life. There is no way to go through divorce easily. I don't care who wants out, both people go through their own private hells. It touches every single part of your life from skin to gut level."

When people hear that movie stars are getting divorced, they tend to think, "My, isn't that easy! In Hollywood, they just keep marrying and divorcing and remarrying. Well, with all the money they've got, it's easy to pay alimony, hire divorce attorneys, special counsels or psychiatrists!" Yes, TV and movie people do have more money. But they can be just as traumatized as average people by the agonies of divorce.

Take **ANTHONY QUINN**, who is still emotionally involved with his former wife, Katherine de Mille. "I'm an unusual case because I still love my first wife madly," he says. "And the fact that we no longer share the same roof does not mean we do not share the same interests (apart from the children), nor does it mean I have been divorced emotionally! We grew apart for many reasons, but I must say it's difficult for my second wife to understand some-

times when I say that. I love Kate very much. She's one of the most intelligent human beings in the world. I mean I can't say enough about her."

NATALIE WOOD and **ROBERT WAGNER** married, split and came together again, accompanied by great notoriety every step of the way.

"We had each other in our youth," Natalie said. They married on her 18th birthday and instantly became one of Hollywood's most talked-about and envied couples. The match ended abruptly four years later. Wagner, who remarried Natalie in 1972, confided, "I find it much easier being married now because a lot of time has gone by and a lot of experience."

Why the divorce in the first place? What did they learn from the separation? And what makes them think the marriage will work this time?

Here's what Bob Wagner said: "First of all, we don't look back to explore what it was like before. We don't try to analyze what went wrong, we don't think about the past. Maybe that's why we have a better chance of making it work this time. Secondly, and I hope this doesn't sound too corny, but it's like a line in Sammy Cahn's song, 'Love Is Better the Second Time Around.' We are fortunate to have had a second chance—and to recognize it. We didn't have to convince each

other, we didn't have to pressure each other into a decision, it just happened. But let me make one point clear. I strongly believe that *everyone* has a second chance, not just in marriage but in everything he does."

JOANNA CASSIDY, movie star on the rise (she stars opposite George C. Scott in "Bank Shot"), was separated from her psychiatrist husband last year, when she entered movies. She finds her problem compounded by her two small children. Joanna's difficult decision to separate came, she says, from her acute desire to survive. "In an unhappy marriage you weigh, 'Is it best to have Daddy and unhappiness? Or be without Daddy and have relative peace?' It is worse if it's dragged out, as most people do in trying to put the pieces together. Marriage shouldn't be an endurance test, especially when children are involved."

ELLEN BURSTYN (the mother in "The Exorcist"), who has a son, sees divorce as the last resort. "Carl Jung said an interesting thing: Religion is no longer the active force that it once was in the Western world, when people were working out their salvations through their religious experiences. Now, people are working out their salvations in the man-woman relationships. And if you can't work out your salvation in one relationship, you have to start all



"I learned then how extremely vulnerable and very fragile I am."—Dyan Cannon

over again finding your salvation somewhere else."

Beautiful blonde movie actress **ANGEL TOMPKINS** is vocal about the child who's involved in a divorce. Not only did she have to live through the kidnapping of her own son (two years after she was granted custody by the judge), but her own childhood was marked by a succession of mothers.

"Using a child as a football, batting him back and forth between his parents, is horrible! Somehow I instinctively knew my various mothers weren't going to stay! That's a crime for a child. It's much better to have one parent than to have two parents who are totally unhappy. The mere fact that parents use their children means that they are not equipped to handle their own lives emotionally."

"The important thing is to keep your child as happy as possible, striving for a happy, normal way of life. Otherwise, the child is always trying to fantasize about something that is never going to be. Heaven knows, I always fantasized the

normalcy of having a mother and coming home from school to sweet-smelling dinners instead of cooking my own, as I did as a child. I'd have loved to have had somebody say, 'Will you get up and get dressed! Go put on your clothes!' I needed so much to hear all that nonsense because it meant love and attention."

Actress **DYAN CANNON**, ex-wife of actor Cary Grant, is an example of how the bitter battle for child custody and alimony seems to cause an eternity of problems. Since Dyan receives no alimony and cannot take her daughter out of the country, she has accepted very little work abroad. She is determined to spend as much time as possible with seven-year-old Jennifer.

Dyan remembers her own childhood confusion when her mother told her about "another woman that Daddy had wanted to marry. It shook me!" The whole idea of previous marriages is tough for a child to handle. "I wonder how I'm going to tell Jennifer her daddy had other wives," Dyan said.



Carson



Quinn



Wood



Wagner



Cassidy



Burstyn



Tompkins



Cannon

Dyan says therapy helped put her life back in order after her shattering divorce experience. "There are women all over this country who have two or three children and whose husbands have left them without alimony or child support. If they don't know how to work or don't have a trade, what do these women do? My work was everything to me right after my divorce. I found out that the only way my creativity was going to come out was to have the confidence to live alone.

"For the first time, I began to slow down and stop kidding myself. Until then, I didn't know I'd been kidding myself. I had convinced myself that material things were making me happy. I learned then how extremely vulnerable and very fragile I am. I had to develop strength to fend off the blows!"

MICHAEL CAINE married Shakira Baksh in July, 1973. He says: "I'm tremendously family-oriented. That's strange coming from someone who's been divorced. But I like a more settled life. You get tired. I mean I roused about a lot for quite a long time. I would like to be a patriarch and have 105 grandchildren!"

"It's very difficult to find the right girl. It's difficult to say what I admire most in a woman. It varies as you go along. When you're 20, you're looking for a woman who won't phone you the next day. When you're 25, you're looking for one who will!"

Above all, Caine values self-respect. "I mean, it's important for a woman to be respected by her particular man. That only comes about in the same ratio as she respects herself, so she always gets the sort of man she deserves."

GODFREY CAMBRIDGE says, "My agony is my monthly contribution to my ex! On a clear day, you can see her apartment from the 24th Precinct, which is where she ought to be! I don't even sign her alimony checks. I get my lawyers to sign them. I've been divorced for five years.

"I used to take her out and introduce her to people at parties just trying to get rid of that chick! I'd say, 'Hey, man, that's a groovy chick over there.' And then the guy'd say, 'But I hear she's yours. . . .' And I'd answer,

"But I was injured in the war!"

"I've been all through the business of trying to 'make up.' I've sat through expensive meals at Gallaghers' Steak House, ordering the Chateaubriand, and, because I'm often on a diet, drinking black coffee just to keep from eating the pumpernickel rolls because I've got a lot of anxieties! We really hated each other, but we sat there because we were going to try and make it, right? But what you do is swallow the coffee, burn your tongue and realize you're not even going to eat the steak when it comes. There is real agony in the futility of knowing it's not working and never will.

"Mine is a special situation. I was married for two and a half years and had no kids. I was an off-Broadway actor, driving a cab most of the time and making \$75 a week. My wife collects money and will collect it until the day I die un-



Cambridge



Mimieux

less she remarries. She's a young woman, an actress, a writer, a trained schoolteacher, and runs a funded theater. But I'm still sending checks each month."

Swiss-born actress **YVETTE MIMIEUX** married briefly when she was very young, was very quietly divorced and remarried just last year. "I'm not a cynical person. In fact, I'm a romantic person. But I don't think any relationship is forever. When we only lived to be 40, marriage meant forever and that was terrific. But now you may live to be 80. Are you still going to relate in the same way or any way other than habit to the person you married at 18? No way. Of course, there's always that rare exception, when you feel you're in rhythm with another person. Everything seems right. It may even be a metabolic thing, because you seem to have the same energy levels!"

"Then, I believe, long-time marriage is possible. And when you have that, the world is yours."



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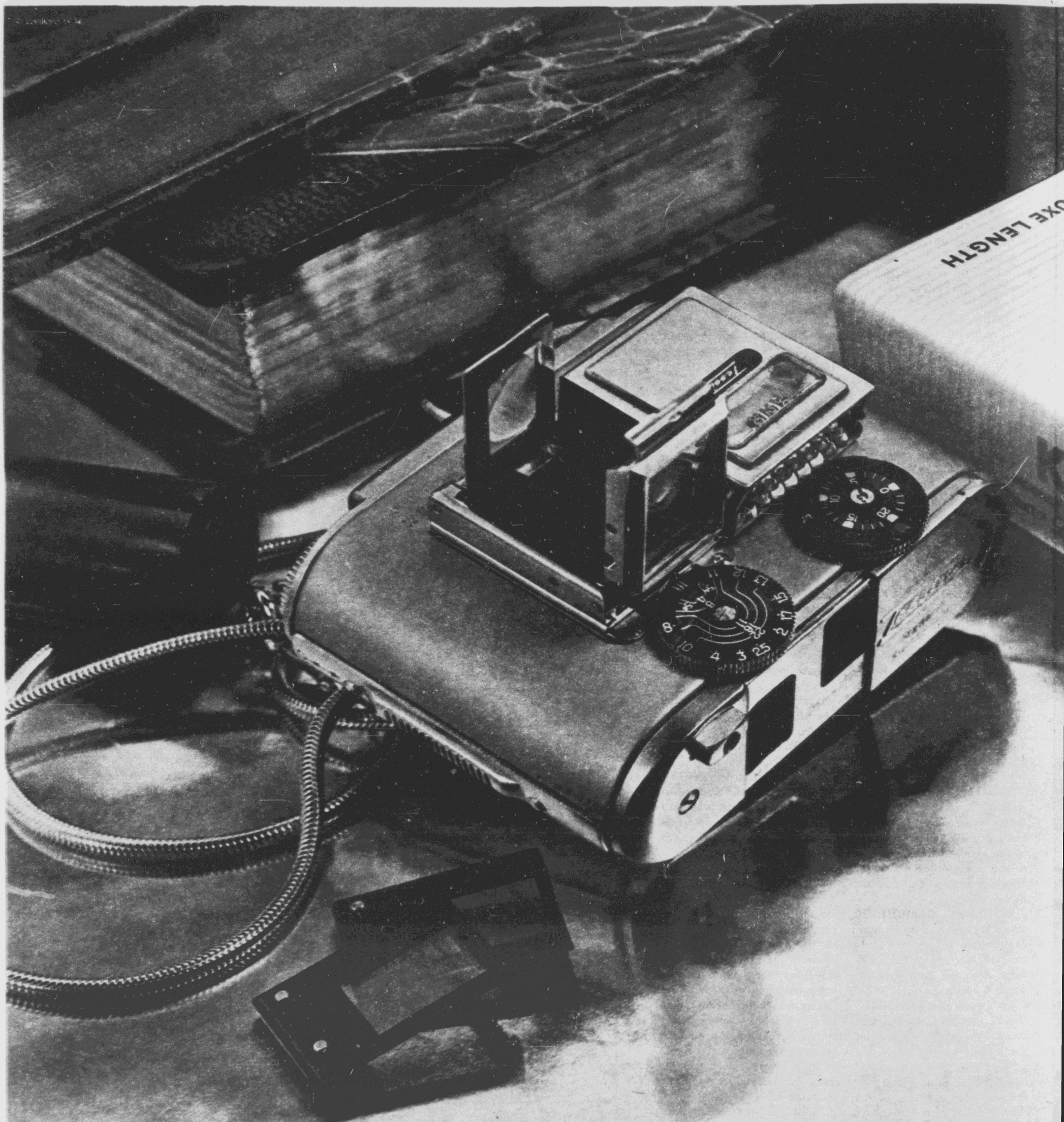
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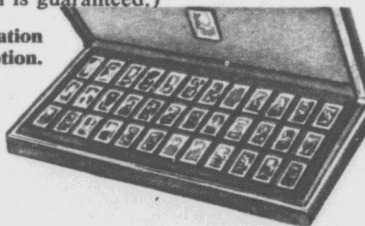
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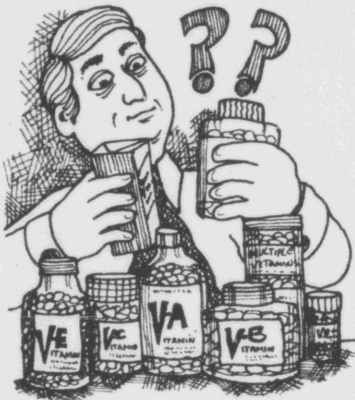
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FWB-42

The Doctor Lets You In

How to Pick a Vitamin Tablet

You read a lot about vitamin tablets. You know vitamins are necessary in nutrition. But how do you choose the right kind of tablet? First, pick one that is a **vitamin-mineral combination**. The reason: Minerals, especially trace minerals, such as zinc, copper, iodine, and other minerals, such as iron, are as important as the vitamins. Second, **don't take super-duper claims literally**. Read the small print on the sides of the label. Look at the names and quantities of the vitamins and minerals that a product contains. See if the amount stated for a given vitamin or mineral is per single tablet. That is important because **sometimes the quantity is given per daily dose, and elsewhere you may read that**



the dose may be three tablets daily. That would make a tablet only one-third the strength. Next, **compare different brands.** Finally, if you need an extra amount of a given vitamin—say, 250 mgs. of vitamin C—and the multi-vitamin tablet of your choice contains only 90 mgs., **don't take more multivitamins in order to make up 250 mgs. of vitamin C.** Instead, buy a vita-

min C tablet of the strength you need and take it in addition to your regular multi-vitamin-mineral tablet. ... Are the cheap brands just as good as the well-advertised ones? Often, yes. But many people prefer to buy the nationally known brands on the theory that the quality control may be better. ... **Do not take extra vitamins A or D—except in the amounts in the regular multivitamin-mineral tablets. These are the only ones that can be toxic in larger amounts.** ... Last but not least, **depend on food as your primary nutritional defense.** Vitamins and minerals are supplements, not substitutes, for a varied and balanced diet.—By Erwin Di Cyan, Ph.D.

NOTE: Dr. Erwin Di Cyan has recently written a book on vitamins, "Vitamins in Your Life" (Simon and Schuster, \$7.95).

Vance Packard

Continued from page 5

mobile towns I examined most carefully had a daily newspaper of known circulation; whereas every single one of the 11 stable towns I visited had one. In high-mobile areas even the weeklies often have "controlled circulation," meaning that they are "free" and are sometimes referred to as advertising "throw-aways."

In high-mobile areas that do have newspapers, the announcements of marriages and engagements are skimmed at most, whereas in stable communities they are still read with considerable interest.

A fifth possible characteristic commonly found in loosely rooted people is an uncertain sense of self. That at least is the contention of historian Arthur Schlesinger, Jr., based on his study of recent Presidents of the United States. And as a case in point he cited Richard Nixon, soon after he became President. Since Professor Schlesinger is not only a historian but a Democrat, his view may be somewhat partisan. At any rate he stated:



"Nearly every other American President has had deep and sturdy roots geographically and socially. ... In contrast, Mr. Nixon, born in California, trained in the law in North Carolina, elected to the Presidency from New York, seems sectionless and classless," and carried a particular appeal to others who are rootless, sectionless, classless, mobile. Schlesinger believes this rootlessness accounts for the fact that Mr. Nixon seems to many an "elusive" figure and has a wavering sense of self that he works hard to control. Rootless people, he added, are often quick to feel angry or threatened.

A sixth predictable impact on the life-style of loosely rooted people concerns their values. Nomadic individuals tend to

develop nomadic values. Perhaps most conspicuous is a greater tendency to live for the moment. This perhaps accounts for what one observer calls "the new immediacy."

The wife of an oft-transferred manager in the Northeast said most transients feel that one learns to live each day as fully as one can and not to worry too much about the future. Much the same sense of immediacy has swept over the restless and high-mobile young. They have gloried in their impulsiveness, and sometimes called themselves the Now Generation. They have been wary of getting themselves committed to any long-term activities for the future.

As historian George Pierson has noted: "Flight can be an escape from the future as well as the past." This philosophy was neatly summed up in a comment by actor Jack Nicholson in the award-winning movie "Five Easy Pieces." He was a West Coast floater. Much of the time he seemed to be enjoying himself, but at the end, as he embarked on a new, seemingly irrational move, he explained: "I keep moving, not because I hope things will get better, but because I know they will get bad if I stay."



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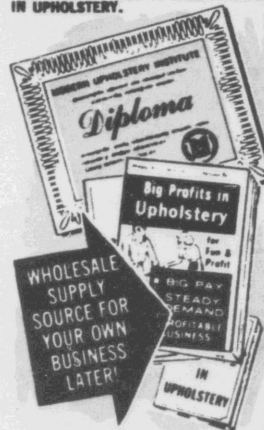
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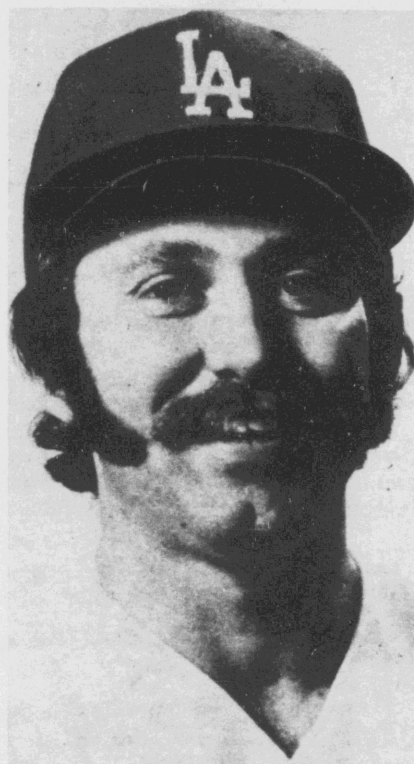
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Sports Mini-Profile

MIKE MARSHALL:
He Uses "Kinesiology" to Strike Out Batters



Mike Marshall, star relief pitcher for the Los Angeles Dodgers, attributes his success on the mound to his mastery of "kinesiology"—the study of the principles of mechanics and anatomy in relation to human movement. Marshall has applied the principles of kinesiology to develop a screwball that baffles opposition hitters and wins tight ball games for the Dodgers.

Last year, Marshall set a major-league record by appearing in 92 games for the Montreal Expos and recording 32 saves. Since being traded to Los Angeles, he has continued his workhorse habits, and manager Walt Alston describes him as "the best relief pitcher in our league."... Marshall not only practices the art of kinesiology but teaches it at Michigan State University, where he is pursuing a Ph.D in the off-season. His intellectual background has made him an individualist in his sport. He has criticized the overemphasis on sports in society and also criticized the Little Leagues for placing too much stress on winning. ... Marshall is a native of Adrian, Mich., and began his baseball career as a shortstop. He switched to pitching in 1965 and found that the practice of throwing every day as an infielder had conditioned his arm so he could throw more often than other pitchers. His studies in psychology in college and post-graduate work have also helped him to make a scientific study of hitters and determine their deficiencies. ... Marshall appeared in 223 games during the past three years for Montreal and earned the nickname "Iron Mike." "My arm never gets tired," he claims. He follows a daily training and exercise program to condition him against fatigue. He was second in the balloting for the Cy Young award last season and hopes to wind up No. 1 this year. "Iron Mike" is married and the father of three children.—By Barry Abramson



The Family Weekly Foodshelf

MACARONI-AND-CHEESE DIVAN

Cook 1 pkg. (10 ozs.) frozen broccoli spears or chopped broccoli as label directs, drain. Arrange broccoli in oiled 1½-qt. (7 x 11 inches) baking dish. In medium bowl combine 2 cans (14¾-oz. size) macaroni and cheese, 2 slices bologna, slivered, and ½ cup cubed process American cheese. Spoon evenly over broccoli. Sprinkle with 2 tablespoons fine bread crumbs, wheat germ or crushed crackers. Bake uncovered in preheated 350°F. oven for 30-40 minutes, until bubbly throughout. Makes 4 servings

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FOR OUR CREDIT CARD CUSTOMERS

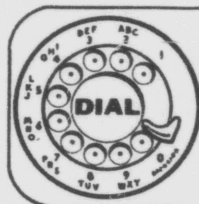
(Master Charge or BankAmericard)

NEW SPEED-ORDER PHONE-IN SERVICE

FREE ON CHARGE ORDERS OF \$12 OR MORE
JUST DIAL 800-327-8351. FLA. CUSTOMERS DIAL 800-432-7521

(Do not use these numbers except to order merchandise)

CALL 8:30 TO 5:00 PM SUN.-FRI. TO SAVE TIME, PLEASE FILL OUT COUPON BEFORE CALLING.



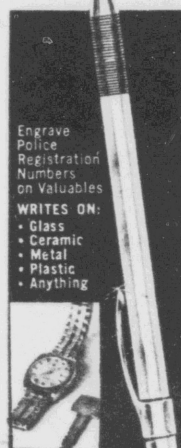
BINGO! YOU WIN!

"EVERYONE WINS" SURPRISE BOXES

Here's an exciting game of chance in which you are a guaranteed winner. Each box crammed to the brim with household aids, exciting personal needs, marvelous gift items, great toys, a bonanza of surprises! Retail value of each "Everyone Wins" Surprise Box based on regular retail prices.

You've got our numbers (listed above), and each one's a big winner. Order yours now before we sell out!

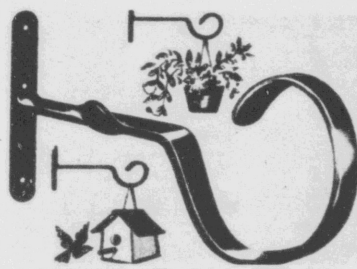
Number 0077—\$10 Box—Only \$ 3.99!
Number 0078—\$25 Box—Only \$ 9.99!
Number 0079—\$40 Box—Only \$14.98!



ENGRAVING PENCIL

Engraving pencil writes on glass, ceramic, metal, plastic. Permanent tungsten-carbide tip works like a pencil but never needs sharpening. Protect valuables—personalize tools, keys, stereo, tapes, etc. Carbide tip etches like a diamond & lasts forever. 6" long.

11370—Carbide Pencil\$3.99



HANG-IT-ALL HOOK

For indoor or outside flower pots, bird feeders, plants, any eye-pleaser becomes more entrancing a-sway on this gracefully turned and scrolled black wrought iron finish hook. Weatherproof steel; Handy hooks like these are hard to find! Easy-mount screws are included. Extends to 9 1/4"

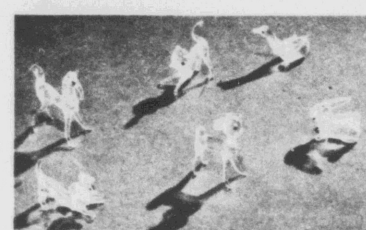
14048—Display Hook\$1.99



CHECK PRINTER

Pocket-size check printer prevents alterations! Just dial dollars-&-cents amount desired, stamp on check — & you've prevented costly possibilities of its being altered! Anyone who writes checks can use it with peace of mind. 3" plastic unit — pocket size, goes anywhere! Built-in stamp pad, ink incl.

12206—Check Printer\$2.99



GLASS ANIMALS

6 crystal glass animals show amazing details. The most exacting ancient art — glass blowing, achieves the grace and movement of a stallion, the sensuous stretch of a cat, a languid swan, shy fawn, skittish rabbit and an adorable dog. Crystal clear, certain to please the most avid glass collector. Each 1 1/2". Set of 6.

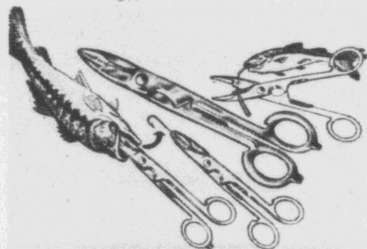
13141—Glass Animal Set\$2.49



EVERYTHING TOOL

Handy tool replaces dozens of others! Loosens stubborn jar lids & bottle caps; opens soft drink cans; squeeze limes and lemons. It's a nut and ice cracker. And more, it's a screwdriver, a wrench and a pair of pliers. All in one jiffy tool! Metal. 8"

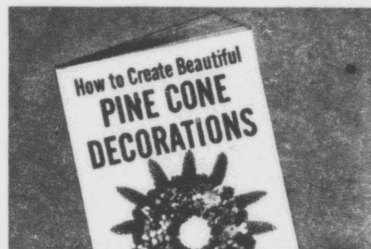
12595—Everything Tool\$2.99



WONDER TOOL

It's like having an extra pair of hands... the best tool he'll ever put in his tackle box. Pliers, degorger, line stringer and shears, even a bottlecap remover — all in one tool, practically the only one a fisherman needs. Ingenious! Precision crafted in rugged-duty metal. 6" long, fits in your pocket.

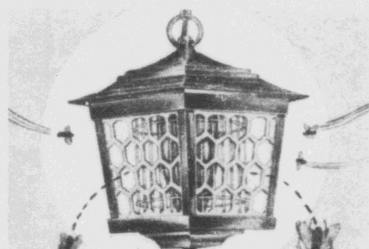
14081—Tool\$2.49



PINE CONE BOOK

A Pine Cone projects book with a score of imaginative wreaths, corsages, table pieces, etc., using one of nature's most attractive cast offs. Book shows 37 uses for every size cone from the smallest to the very large. Ideal for school projects, clubs, or family-fun decorating for the holidays.

9940—Pine Cone Book\$1.29



KILLS BUGS

Eliminate pests that ruin picnics. Outdoor living etc. Forget fly swatters, sprays, chemicals, traps. Use this silent killer to attract mosquitoes, flies, gnats to its rays. Safe electric charge. Keeps wide area clear. Smart design looks like a colonial lamp. No moving parts. All set up, hang and plug. 7 1/2 x 4 1/2"

7490—Electro-Ray\$6.99



PET SPA

While you're gone all day do you worry your pet doesn't have fresh water? No more! This gallon water dispenser keeps water at drinking level. Pets will appreciate having fresh water whenever they're thirsty. Sanitary, ez-clean poly — guaranteed leak & rust proof. Worry-free in every way... a great idea!

8570—Pet Spa\$2.99



PICTURE SET

Masterworks behind glass in golden antiqued metal frames. Gainsborough's "Blus Boy" and "Pinkie" — full color prints reproduced in Italy. Behind glass in exquisitely ornate metal frames to display with pride. Velvet-like backing. Set of 2. 5 1/2 x 8 1/2" each.

13465—Picture Set\$3.99



FROG MUG

Fun mug has a frog in it! There's a bit of the practical joker in each of us! Innocent-looking white ceramic mug has a wee green frog resting on the bottom! He's concealed by the beverage until cup is emptied—watch the expression of the drinker as the frog appears! This surprising novelty mug is sure to satisfy every funster. 8 oz.

11318—Frog Mug\$1.49



DELUXE WINDOW WASHER-DRYER!

Just dip, wash—one wipe does it! Sponge-washer on one end, squeegee on other, hands never touch the water! Adjusts for short or tall windows. Wash inside double sash: outside windows from inside! Steel handle separates to wash mirrors, walls, tile. What a handy helper!

8633—Washer \$2.99



TALKING TOILET

It's a short walk to the bathroom but a mighty jump 'n holler when guests hear your toilet talking. "Hey, I'm working down here!" and several other surprises await slight pressure on the toilet seat. Unit is hidden when not in use. Operates on a penlite batt., not incld. see p. 4

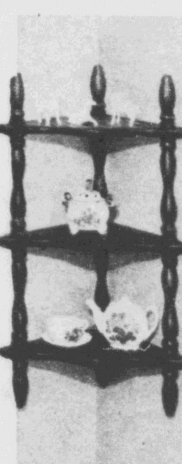
13368—Talking Toilet\$7.99



BUFFET CADDY SAVES STEPS

Woven straw caddy carries out chores in a most attractive manner. Holds silverware, plates and napkins efficiently in separate compartments till you're ready to set the table. Totes everything in one trip. Perfect take-along for picnics. The double carrying handle prevents tipping. Measures 10 1/2 x 4 1/2 x 6 1/2"

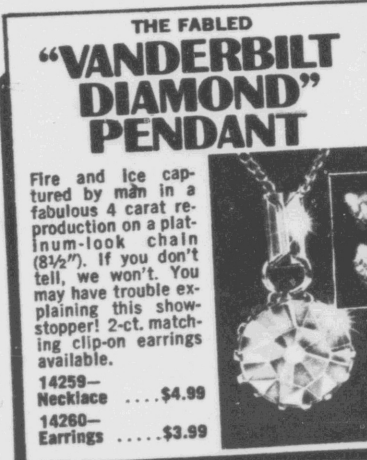
12111—Buffet Caddy\$2.99



SHELVES FOR HARD-TO-DECORATE CORNERS

Elegant wall show-off fits snugly into a corner. Authentically Early American, with 3 scalloped shelves and provincial wood turnings to heighten the beauty of a curio collection. Seasoned pine, the soft brown wood imparts its own warmth. 19" hi.; ea. shelf 6 1/2" deep.

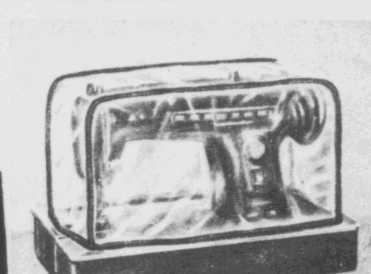
11936—Shelf \$5.99



THE FABLED "VANDERBILT DIAMOND" PENDANT

Fire and Ice captured by man in a fabulous 4 carat reproduction on a platinum-look chain (8 1/2"). If you don't tell, we won't. You may have trouble explaining this show-stopper! 2-ct. matching clip-on earrings available.

14259—Necklace\$4.99
14260—Earrings\$3.99



SEWING MACHINE COVER

Keep sewing machine dust free. Just slip see-thru plastic cover on to protect from dust, dirt & scratches whether you leave it an hour or a day. Stop sewing any time, put on cover — that's it! Fits all machines!

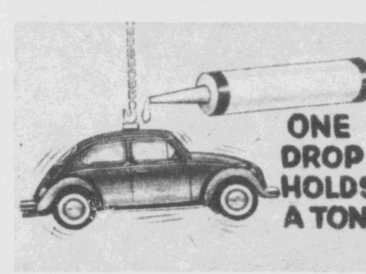
8382—Machine Cover\$1.29



SHOULDER SHOWER

Keep your hair dry with shoulder-shower! Snap new clever shoulder-shower around your neck. It sends splash-proof stream of water downward, gives a cooling, invigorating shower without disturbing hair-do or make-up. Great for instant freshups without getting head wet. 5' long, adapter fits any faucet. Real convenience in the bath!

4918—Shoulder-Shower\$2.99



ONE DROP HOLDS A TON

WONDER ADHESIVE

1 drop holds a ton of pressure—no mixing, no clamping! Now you make impossible repairs in porcelain, ceramic, rubber, plastic, glass, wood — bond virtually any break in anything. Dries in seconds. Lasts forever. Invisible, so use on best china, tiles, jewelry, toys, even dentures. 132 applications to each tube.

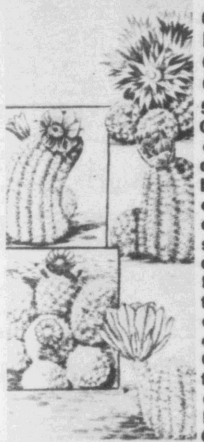
13057—Adhesive\$2.49



HARMONICA KIT

Put a little music, and a lot more fun into your life. It's a ball! EZ way to play the harmonica — instrument included! A fine 10 hole, 20 bronze reed harmonica & "play-by-number" instr. book. Play tunes instantly! Book even teaches pro chord methods. In no time, you'll be brightening your life with music. Songs incl.

13622—Harmonica Kit\$2.99



GROW FLOWERS ON DESERT CACTUS!

5 Cacti from the Great Southwest, each producing its own exceptional blossom. Grow easily indoors or out. No special soil or care! Exotic beauties as they grow in untamed Western deserts. No delivery to Arizona, California. Instructions included. Set of 5.

N8865—Cactus\$2.99



TUBULAR BANDAGE

Tubular foam bandage roll... protects fingers & toes! Professional foam bandage on a roll now available for use at home! Soft, easy to apply, simply cut off desired length and slip on injured area! Cushiony, breathing foam with cotton gauze lining guards against further damage. For corns, bunions & blisters, too! 36" roll.

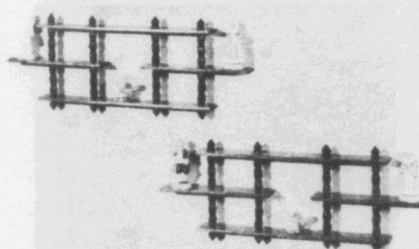
8801—Tubular Foam Bandage ...\$1.99



MAGIC GLASS CLOTH

Never wash windows again! A fast wipe with dry miracle cloth & windows, mirrors, glassware sparkle. No more unpleasant ammonia, sprays, rags. Dirt-repelling chemicals keep dirt from clinging; rain runs off without spotting. Keep an extra in car for windshield. Absorbs dirt, doesn't smear. Washable.

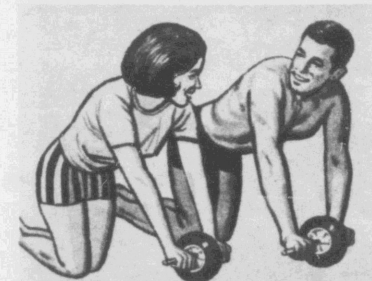
6121—Magic Glass Cloth\$1.19



SHOW-OFF SHELVES

Designed to enhance any room in your house. The authentic spindle dowels & warm fruitwood finish are new dimensions in wall decor. Beautifully crafted Mediterranean styling. Use in pairs and decorate 5 feet of wall area. Each easy-to-assemble unit has 2-18" shelves & 2-10 1/2" shelves.

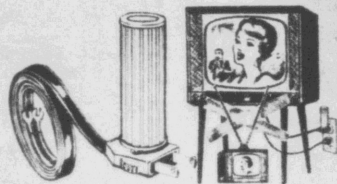
11848—Shelf\$3.49



SHAPE-UP WHEEL

Roll the shape-up wheel for firmer muscles, a sleek figure in minutes a day! Almost like magic tummy and back muscles tighten... arms & waist begin to slim! Roll your way to a better figure.

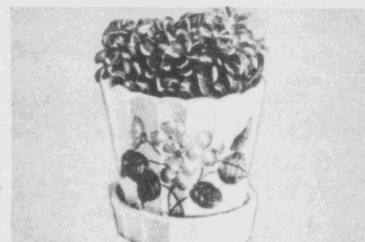
8102—Shape-Up Wheel\$1.99



TV PLUG ANTENNA

At last... a TV antenna you plug in. Attach to any black & white set, plug into outlet & powerful plug brings in a clear, brighter picture. Makes outdoor antennas & unsightly rabbit ears unnecessary!

5029—Plug Antenna\$2.49



AFRICAN VIOLET POT

"PRETTY" describes this decorator planter. Dainty purple violet and perky green leaves adorn the gracefully fluted white earthenware pot. Baked to a beautiful jewel-like finish. Perfect for real violets or make-believe posies. Lovely in a window, on shelf. 4 1/2". Violets not incl.

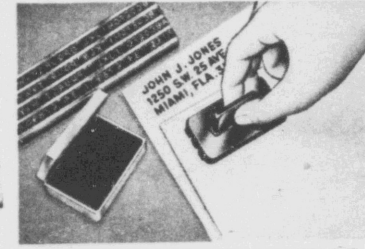
11908—Violet Pot\$2.99



END ROACHES

Rid your home of roaches, keep them out up to 5 years! Exciting scientific breakthrough completely eliminates roaches, waterbugs and their eggs. You never see a roach again—alive or dead. They creep off and die in their nests! Non-toxic, odorless, no DDT. 5 ounces is like "roach insurance" for 5-room house. Kills and prevents reinfestation!

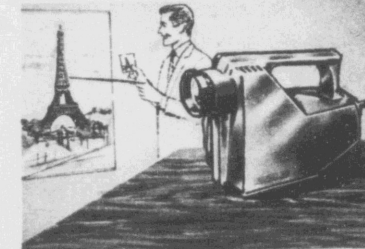
13097—Bug Off\$2.99



PERSONAL PRINTING

116 letters, characters, symbols and numbers! You can personalize stationery, memos, greeting cards, checks, even print your own signs and placards! A pocket-size little wonder with endless printing uses! Set includes 2 notched printers, an ink pad and metal tweezer for handling ease! You'll think of dozens of jobs... fun to work with!

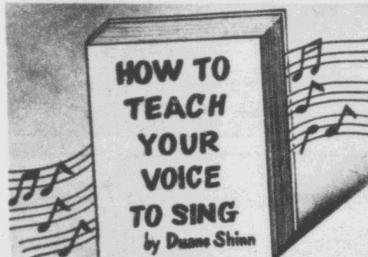
11812—Print Set\$1.49



PROJECTOR

Project any illustrated material up to 4 feet wide. Enjoy color and detail of snapshots, stamps, maps, etc., without film, slides or negatives. Have any image magnified up to 200 times! Regular projector, 40-watt bulb; Deluxe uses 60-watt—both available anywhere. Regular is 5 1/2"x8", Deluxe is 12x8 inches.

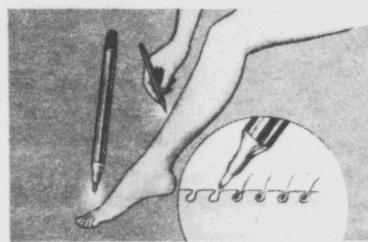
12835—Regular Projector\$7.99
2517—Deluxe Projector\$9.99



START SINGING

Amazing new book, "How To Teach Your Voice To Sing" by Duane Shinn, shows you how to bring out your natural ability to sing—we all have it! Fast, simple. Have fun at parties, join choir, even earn extra money, express yourself. Step-by-step, easy-to-follow text, diagrams and pictures can have you singing like bird!

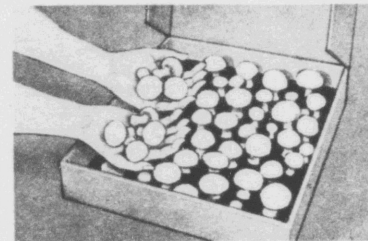
13973—Learn To Sing\$3.99



HAIR REMOVER

Eliminate unwanted hair, like a professional! "Lemos Permagon Deluxe" Pencil removes hair simply, without breaking skin or causing pain. Destroys hair roots permanently! Improves beauty. Follow instructions and avoid old-fashioned methods that can irritate or infect. Uses standard batteries. Effective beauty aid!

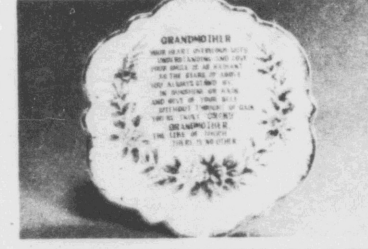
5538—Hair Remover\$6.99



GROW MUSHROOMS

Imagine! Reach over and pick your own fresh home-grown mushrooms whenever you want them. Every meal becomes a gourmet delight for virtually pennies. We've preplanted 14"x10" kit for you—no planting! All you do is add water. Your first crop in about 30 days. Repeat crops every 6 weeks. Simple instructions included.

N7983—Mushroom Kit\$3.99



GRANDMOTHER PLATE

Poem on a golden trimmed plate honors grandmother. Honor thy father, thy mother, now thy grandmother too! The golden trimmed porcelain plate is decorated with handpainted flowers and a heart-warming poem. She can stand it on edge or use hanger on back to show it off proudly. An expression of love she'll cherish. 5 3/4".

13722—Grandmother Plate\$1.99



MAN-SIZED FOOTBALL MUG

Soothe stadium chills—sip something hot from a ceramic "pigskin" with realistic "lacing." Every fan will love it for drinking or displaying. Mottled brown. Dishwasher safe.

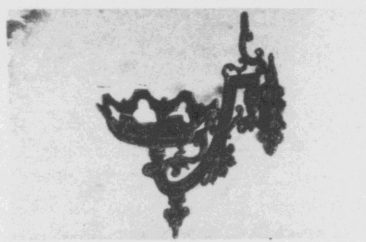
13710—Football Mug\$1.99



A HELPING HAND STOP STRETCHING

Add 27" to your reach! No more stooping, no more straining to reach objects. Rubber-tip plastic fingers giving it a firm grip to retrieve hard-to-reach objects. Ideal for removing canned goods from high shelves, dropped articles behind & under furniture, etc. Handy a hundred ways! Light weight aluminum trigger grip handle. 27".

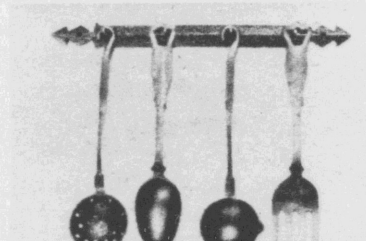
11379—Helping Hand\$2.99



VICTORIAN WALL BRACKET

The lamp bracket that once helped light every Victorian household returns home as a wall planter! Faithfully detailed in antique black cast iron to look exactly like its elaborate 19th-century ancestor. The arm extends outward 9 1/2"; the bowl is 4" diam.

12606—Victorian Lamp Bracket\$2.98



5-Pc. COLONIAL UTENSIL & RACK SET

Your kitchen sings of days gone by with usable black wrought iron utensils! Strainer, ladle, serving fork & spoon hang on black iron wall rack. Decorative Utensils 11"; rack 14 3/4". 5 pcs.

13175—Utensils\$3.99

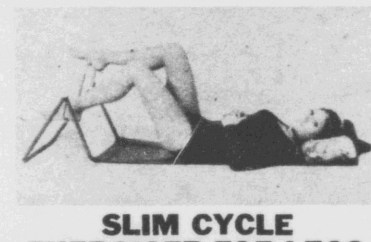


Keep Fit In A Sauna Suit

SAUNA SUIT

You can slip into the Sauna Suit while working around the house... or just relaxing. Marvelous body-conditioning aid actually seals in heat like a steam bath! A companion exercise book & diet plan are included to keep you feeling fit and in peak condition. One size fits both men & women.

6237—Sauna Suit Program\$3.99



SLIM CYCLE EXERCISER FOR LEGS, HIPS, TUMMY

Here's a new lazy way to tone up... amazing slim cycle! Relax while you exercise! Read or watch TV as you pedal away. Tone up legs, tummy, hips in just minutes a day, without taking time away from other things on your schedule. Tubular steel frame; attached vinyl floor mat—folds away for storage.

14385—Slim Cycle\$7.99



HAND-LINE FISHING ROD

FISHING ROD FITS YOUR POCKET!

Handy little 2-pc. rod is perfect for hard-to-fish nooks & crannies where big ones lurk—for ice, bridge, deep hole fishing. Handle stores weights, hooks & lures. Take apart to fit pocket, tackle box. Easy to use reel has brake & flexible tip for jigging bait. 12 1/2".

14445—Handline Rod\$4.99



NEW SPEED-ORDER PHONE-IN SERVICE

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GREENLAND STUDIOS, 6449 Greenland Bldg., Miami, Fla. 33059

Please send me items listed below. I understand if I'm not completely satisfied with any item, I can return it within 10 days for a full and complete refund.

How Many	Item Number	Name of Item MINIMUM ORDER \$3.00	Price Each	TOTAL

POSTAGE AND HANDLING CHART

To figure: total order, and use chart. Include correct change to avoid delay. This is a small part of the cost. We pay the rest. Sorry no stamps or C.O.D.

Orders \$3.00 to \$5.0095¢
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Orders \$7.01 to \$10.001.60
Orders \$10.01 to \$12.001.85
Orders \$12.01 to \$15.002.00
Orders Over \$15.00\$2.25

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Shipping And Handling

Year's Catalog

Subscription 50¢

TOTAL ENCLOSED

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You May Charge Order of \$5 or Over

☐ Master Charge*
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Acct. #

Exp. Date

*If using Master Charge, also indicate the four numbers above your name here

What in the World!



DELIVERY BY ACUPUNCTURE The Holding family

Will acupuncture ever replace the Lamaze method of giving birth? It may, some doctors feel, if people continue to experiment with the pain-killing process. When Zereh Holding was born in Australia, her mother was given acupuncture instead of an anesthetic. A Chinese acupuncturist inserted needles into Carla Holding's right ear and between her forefinger and thumb two hours before she was admitted to the hospital. Three needles were later inserted in her back. "I had strong contractions, but I didn't feel much pain," the 20-year-old mother said after the event. The baby's father, Christopher Healy, 23, was present throughout the birth. He described it as "fabulous,"

although he didn't have any acupuncture himself.

A recent article in **FAMILY WEEKLY** about oral surgery — "New Faces From New Jawlines," by Ann O'Shea — that appeared in our May 19 issue brought in hundreds of letters from our readers. If you want to know more about oral-surgery training centers in your area, you can write to the American Society of Oral Surgeons, Dept. FW, 311 E. Chicago Ave., Chicago, Ill. 60611.

Diahann Carroll on Women's Lib: "There are some aspects that make sense and are long overdue, like when it comes to hiring or firing girls. But I also think a lot of ladies involved in Women's Lib have frustrations in other areas that I can't identify with. I've never operated under pressure in my personal life and I don't feel a female inferiority. I have no qualms about asking a man to do the dishes or change a baby's diaper. I did my share of bringing in part of the bacon when I was married. I believe it's a 50-50 world."



Diahann Carroll



Wide World

DONALD NIXON, SR. Don't embarrass the President

"Edward was not the only Nixon involved with Robert Vesco," says a new book about corruption in U.S. business. "Donald Nixon's son, Donald Jr., was Vesco's personal business aide from the time he began his looting of IOS. When Donald Jr. first went to work for Vesco, his father admonished him not to say he was going to work for Investors Overseas Services. 'If that gets around, he's going to be in a lot of trouble. I told him to say he was going to work for International Controls. IOS and International Controls are allied companies, but he's not supposed to say he's working for IOS. . . . That dumb so and so,' Donald said of his son. 'John Erlich-

man talked to him for a couple of hours and told him to behave over there. You know he told him he was the President's nephew and couldn't do anything to embarrass the President.' When the scandal broke, Donald Jr., who had spent time in the mountains with hippies before joining IOS, observed that 'It's a heavy trip that we're all on now, I'm afraid.'" From "Dirty Business," by Ovid Demaris (Harper's Magazine Press, \$10.95).

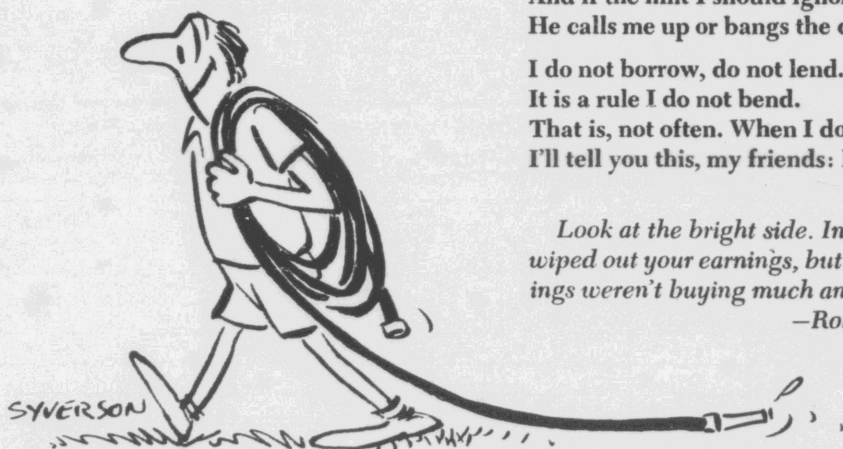
BIRTHDAYS (all Leo): **Sunday**—Queen Mother Elizabeth 74. **Monday**—Richard Kleindienst 51; Neil Armstrong 44; John Huston 68. **Tuesday**—Lucille Ball 63; Robert Mitchum 57. **Thursday**—Esther Williams 51; Dustin Hoffman 37; Andy Warhol 43; Arthur J. Goldberg 66. **Friday**—Connie Stevens 36; Rod Laver 36; Bob Cousy 46. **Saturday**—Rhonda Fleming 51; Eddie Fisher 46; Jimmy Dean 46.



BIRTHDAY PEOPLE:
Neil Armstrong and Lucille Ball

Quips & Quotes

ARMOUR'S ARMOURY By Richard Armour



LEND ME YOUR EARS

I do not lend, I do not borrow,
For I have learned, much to my sorrow,
That what I lend I don't get back
Or if I do it's with a crack,
A dent, or something loose or rusted,
If it's, indeed, not wholly busted.
And what I borrow I forget
And might, in fact, have even yet

But that the owner drops a hint
(His eyes reveal a steely glint),
And if the hint I should ignore
He calls me up or bangs the door.

I do not borrow, do not lend.
It is a rule I do not bend.
That is, not often. When I do it,
I'll tell you this, my friends: I rue it.

Look at the bright side. Inflation has wiped out your earnings, but your earnings weren't buying much anyway.
—Robert Brault

The general asked the computer, "Will there be war or peace?" The computer flashed, buzzed, blinked and said, "Yes." "Yes, what?" roared the general. The computer flashed, buzzed, blinked and then barked, "Yes, sir!"
—Conrad Fiorello

The average man's idea of a good sermon is one that goes over his head and hits a neighbor.
—Thomas LaMance



THROUGH A CHILD'S EYES

Kids see life differently. Send original contributions to "Child," Family Weekly, 641 Lexington Ave., N.Y., N.Y. 10022. \$10 if used—none returned.

One day some of my son's playmates asked him if he was adopted. He said, "I don't know. I was born in a hospital." "Oh," the others said, "then you're not adopted."
—Florence Ova
Jamestown, N.D.

While we were driving along the main street of our town my young daughter saw a realtor's For Sale sign on a tree in front of a beautiful Spanish-style home. She turned and asked me, "Why would anyone want to sell such a big tree?"
—Wally Bitters
Upland, Calif.

Misery is when your doctor dies of the same thing he was treating you for.
—Robert Orben

By Frank Baginski

LITTLE EMILY



"And this time when I play 'Kitten on the Keys'—control yourself."

Come to Marlboro Country.

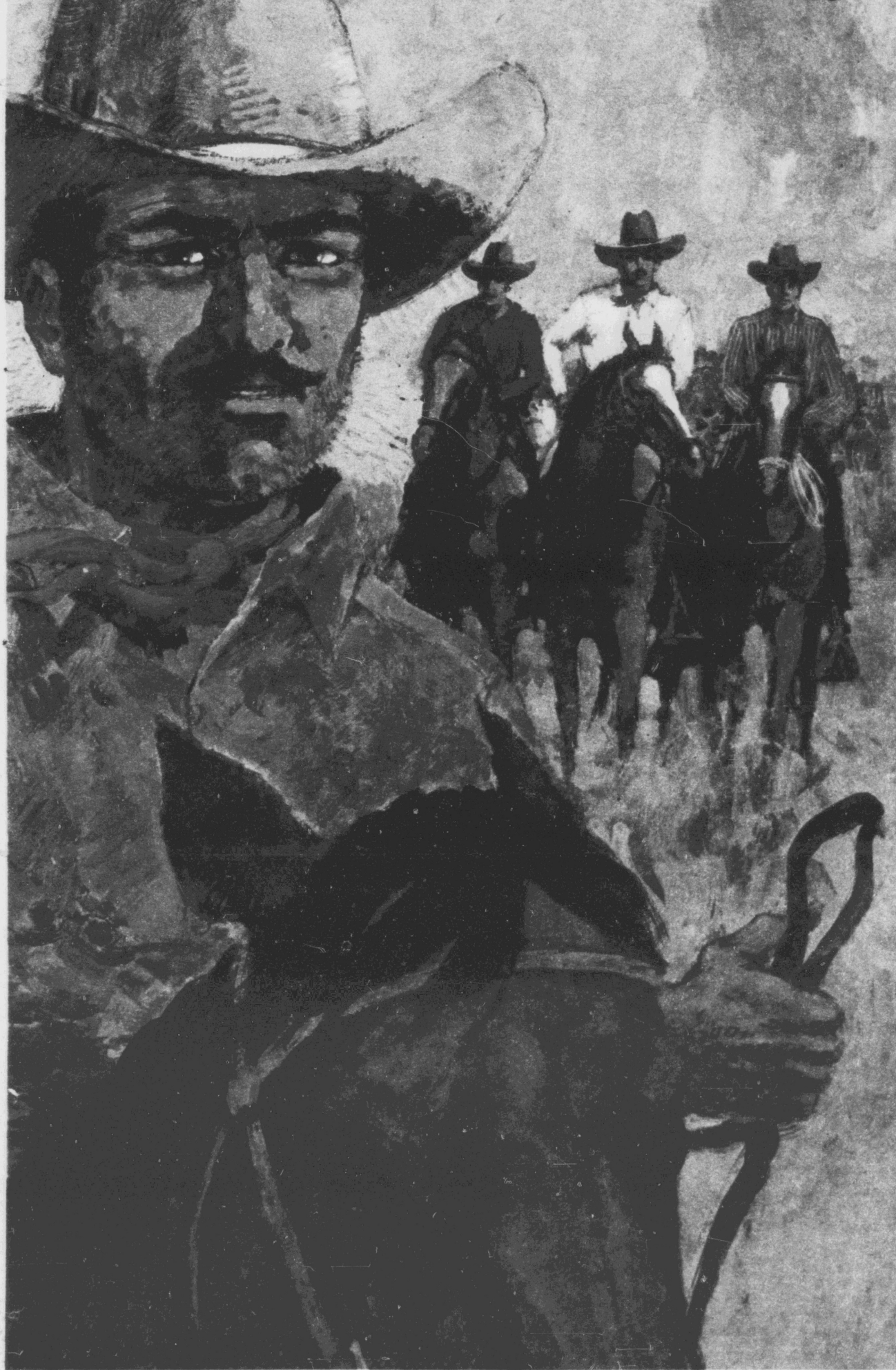
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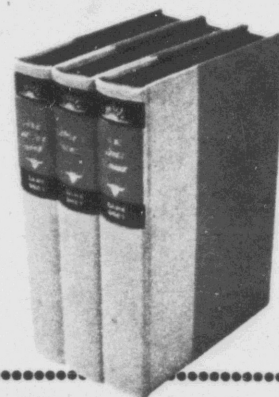
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